



## HUNGER IN OUR SCHOOLS: SHARE OUR STRENGTH'S TEACHERS REPORT

*"You do not need to ask which child is hungry, because you can see it in their eyes and their actions. They are tired and worry a lot about getting something to eat."*

Lisa, Middle School Teacher,  
Saegertown, PA

**Detailed Survey Methodology:** Lake Research Partners designed and administer this survey, which was conducted online. The survey reached a total of 638 K-8 public school teachers nationwide. The survey was conducted September 20 through October 2010. The sample of public school K-8 teachers' email addresses were drawn from list provided by MDR, who gathers the information for their teacher panel from several sources, including the US Department of Education and state departments of education. Data have been weighted slightly by age, school type, grade taught, region, and urbanicity, in order to match this population. The margin of sampling error for the survey +/- 4.0 percentage points.

Download the full report at  
[www.Strength.org/Teachers](http://www.Strength.org/Teachers)

*On behalf of Share Our Strength, Lake Research Partners conducted a national survey on hunger in the classroom among public school teachers grades K-8. The survey was conducted online from September 20 through October 3, 2010.*

The following are key data on the attitudes of public school teachers on this topic.

**Kids rely on school meals as a primary source of nutrition.**

- Two-thirds of K-8 teachers (65%) say that most or a lot of their students rely on school meals as their primary source of nutrition. This reliance is widespread across urban, suburban, and rural areas, but reliance is particularly strong in urban and rural areas.

**Teachers see hunger impact students' ability to learn and succeed in school and often buy food out of their own pockets to help hungry kids.**

- More than 40% of K-8 teachers say that children coming to school hungry because they have not had enough to eat at home is a serious problem at their school.
- 61% of teachers who see children coming to school hungry because they are not eating at home purchase food for their classrooms, at an average of \$25 a month.

**Teachers believe there is a strong connection between eating a healthy breakfast and a student's ability to concentrate, behave, and perform academically.**

- Ninety-six percent of teachers see breakfast as extremely or very important to academic achievement.